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2019/20 Charlton Manor Primary Sports Funding Plan

Impact report from last years funding (July/August 2019)

1) Out of hours learning/after school clubs:

Charlton manor continue to offer a vast range of after school clubs and particularly sports clubs with the following on offer this year; Archery, dodgeball, American football, yoga, performing arts, Football, Gymnastics fitness taekwondo. These clubs will continue in the 2019-20 academic year and in addition we will run a multi-sports club and extra training at a local park for the school football teams. The morning fitness class continues to attract between 20-30 children and also some parents each day. We have recently reviewed the success of the fitness class and with the help of conversations with the children, we will be introducing a recording sheet so the children can begin to monitor their own levels if fitness.

2) Swimming

The impact of the additional swimming in year 6 was not as positive as we would have liked last year. Therefore we decided to change the way we run swimming across the school this year. Previously year 4 children would go once a week for the whole school year and then not go again until the end of year 6 in the summer term. This means much of the progress made in year 4 is forgotten/lost by the time they go again at the end of year 6 if they don't go outside of school provision. The new set up means the children go swimming for a term in each school year from years 3-6. This means the children start a year earlier and there is not such a big gap. It also keeps it fresh in the parents minds and is hoped that with continual reminders the parents will take their children swimming if they know their child/children are struggling. The impact of this will be better measured in 2-3 years time (when the current year 3's have gone through the whole cycle). Swimming data/figures for year 6 who left in July 2019 = **36/57 (63%)** were able to confidently and competently swim 25 meters and were able to use a range of strokes to swim. This was an **increase of 20%** from the start of the year.

3) Competition:

Wherever possible we entered borough competitions such as dodgeball, football, basketball, Tennis, Cricket, Athletics. We also entered the Boys and the girls Meridian Football leagues and entered some BMX competitions. These competitions not only gave children the opportunity to take part in and enjoy competitive sport but they also provided the children with an opportunity to try new sports. Our selection for competitions is not solely based on taking the best children, but also on taking those who show a determination to improve in that sport in P.E lessons and/or work hard. I have seen the confidence that can be gained from these experiences for some children. For example pupil X (who was a very quiet girl who lacked in confidence came to a BMX competition (A sport she only started at school) and came away with a gold medal performing really well. She couldn't wait to tell her dad when he collected her from school and she said she would never expect to win and felt proud of herself. Many of the girls football team had never played competitive football before but 2 have since signed up for teams outside of school.



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4) PE Specialisation:

Staff have been on numerous training days/sessions as follows;

OAA (Outdoor and Adventurous Activities) in the curriculum- Tess

Tennis course – Daniel Shaw, Alma, Natascha Hue

Badminton course – Dennis Hollywood, Natascha Hue and Gloria Murray

Early Years P.E Course – Anna Snosek and Daniel Shaw

Netball course – Lisa Smith, Joanne Cleary

We employ a P.E apprentice who helps with setting up of lessons, saving time for more activity and/or learning. The apprentice also helps with and runs additional clubs such as younger years football. He/she is able to cover the fitness club on days when the P.E lead has meetings and/or is out on course/at competitions etc enabling it to run every day. The apprentice also helps to dispel misconceptions and also to develop skills and techniques within lessons. The apprentice is also able to cover some P.E lessons to enable the P.E specialist to observe and/or team teach class teachers who need additional support with teaching a particular sport, providing high quality training on a specific needs basis.

5) Using PE, school sport and physical activity to impact on whole school priorities:

On 25th June we ran a Health and wellbeing evening for parents from our school and others in the area with the following workshops on offer;

- Healthy pizza making. The parents learnt how to make pizzas from scratch.
- Sugar and exercise smart activities. The activities demonstrated the importance of physical activity and the dangers of having too much sugar. The parents were also shown how to read drinks labels and were shown just how much sugar is in some of the popular children's drinks.
- Gardening without a garden. The parents learnt how to recycle every day items such as milk cartons to plant and grow at home.



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Staff from Charlton Lido and Charlton Athletic Football Club attended the event to provide parents with information about sports facilities, coaching, clubs etc available. They also handed out some free goodies and offered free blood pressure checks for the parents.

The aim was to encourage parents to continue with the healthy ethos we provide at school at home and in the wider community. The feedback we got from the parents was very positive.

Some quotes from the evening:

"It was really good. I had a great evening" (Charlton Manor parent)

"It was a really useful-I will definitely be using my new skills at home. I will recommend highly if you do this again. This was a really fantastic evening and our children are really lucky to have this food. Amazing." (Charlton Manor parent)

"I thought it was fab. Very easy-going, not patronising and some beautiful, simple healthy ideas." (Windrush school parent)

6) Cooking and cycling:

Following the purchase of the bikes last year, we have purchased some helmets so all the bikes can be used at the same time (allowing for whole classes to use the bikes should they want to). Year 3 brought their learning of France to life as they hosted their own Tour de France in the playground.

Year 4 have had lessons on how to repair a puncture (linking it to their materials topic).

The cycle starters club on Thursday lunchtimes continues to be a huge success. All our year 6 pupils who left us in July 2018 could ride. This year we will be working with the rest of our current year 6s and then year 5s. We will also be working with year 2s on their balance bike skills.

Throughout the year all classes had at least 3 lessons per every half term (6 per term) in the teaching kitchen with a range of the curriculum taught through food and cooking (see cooking reports each term). This brings learning out of the classroom, makes it more engaging and relevant, whilst teaching the children a valuable life skill of cooking with independence.



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Priority Area	Developmental need/ Action to be taken (priority as identified in self review)	Support required	Named person responsible	Impact / Success Criteria	Timescale	Cost
1) Out of school hours learning/after school clubs	<p>Hire of coaches</p> <p>Introduction of a multi sports club to inspire more children to take part in a greater range of sports outside of school. E.g badminton, volleyball, soft tennis.</p> <p>Run football training for the school teams to help develop gifted and talented provision.</p>		Gloria/Tess (subject leader)	<p>Football (36) Gymnastics (25 per term) American Football (15) Taekwondo (59)</p> <p>Continue and develop a morning running/continuous movement club before school (25 mins of continuous exercise) for both pupils and parents. Encourage healthy lifestyles, readiness for learning, more active pupils and parents.</p>	2019-20	£3,000.00 approx (TBC)
2) Swimming	Continuation of additional Swimming to allow for all KS2 children to attend throughout the year (1 term per year group) and support those not reaching National Curriculum standard.		Relevant class teacher/Tess Coller (Subject leader)	Swimming standards will be improved. Currently 24/56 (43%) of year 6 can swim 25 metres or more in any stroke. (Sept 2019).	2019-20	£4,000.00 approx (TBC)



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3) Competition	To continue to be involved with; level 1 Intra-school Level 2 inter-school supported by GSSP.		Tess Coller (Subject leader)	More pupils involved in appropriate competition for all abilities. Attending festivals, trips and sports events which support learning through Physical Activity. Provide opportunity for children to try new sports such as wheelchair tennis/racing, try golf etc.	2019-20	Transport costs/cover
	Continue links with level 2 Youth Sports Trust Membership		Tess Coller	Access to CPD opportunities for all staff, access to material to support learning	2019-20	£200.00
	Maintain membership of the GSSP (Greenwich School Sport Partnership)	External agency	Outside agency/Tess Coller	Access to CPD opportunities for all staff, access to material to support learning. Access to greater amount of sports competitions. Access to Health & wellbeing workshops.	2019-20	(£950.00) (+£150.00 -cricket coaching)
4) PE specialisation	Staff inset training/workshop	External agency	Tess Coller	Staff will have greater confidence in teaching all elements of the P.E Curriculum.	2019-20	See above-GSSP
	Purchase additional storage facility for			<ul style="list-style-type: none"> • Delivery of high quality P.E lessons • Greater provision for a full range of 	2019-20	TBC- approx.



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	<p>PE/Sport equipment.</p> <p>Purchase X 3 P.E kits for every class.</p> <p>Purchase specialist equipment for use in high quality P.E lessons.</p>			<p>sports activities throughout the curriculum.</p> <ul style="list-style-type: none"> • Whole school inclusion within PE-any child who doesn't have a PE kit and/or forgets to bring it will still be able to take part in their PE lesson. 		£,1000.00
<p>5)</p> <p>Using PE, School sport and physical activity to impact on whole school priorities</p>	<p>Continue to maintain high standards (Gold healthy schools award, gold STARS award)</p> <p>Continue to develop the school ethos through guest speakers, presentations, celebration of achievement/sport awards.</p>		<p>Headteacher /Tess Coller (Subject Leader)</p>	<ul style="list-style-type: none"> • Charlton Manor Primary offer a wide range of high quality PE, sport and health enhancing activities. We are actively involved in the national School Games program, healthy schools awards and the STARS programme. • Charlton Manor school's offer is an example of excellent practice • Inspires pupils • Motivates and encourages pupils • Pupils independently make healthy lifestyle choices. 	<p>2019-20</p> <p>2019-onwards</p>	<p>Transport and cover costs for fixtures, tournaments and trips.</p> <p>TBC</p> <p>£600.00 (approx.- mainly dependent on guest speakers costs)</p>



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6) Cooking & Cycling	Purchase a range of equipment to enable a whole school approach to cooking & cycling and to allow the curriculum to be taught through cooking & cycling. This will enable all children to be educated and immersed in the benefits of leading a healthy and active lifestyle. (puncture kits, CPD training, cooking ingredients and resources for the teaching kitchen etc)	Access Sport	Tess Coller/Rebecca Steele	<ul style="list-style-type: none">• Encourages active travel• Motivates and encourages children to try a new sport/activity• All children leave Charlton Manor with the ability to cycle (life-long learning)• Encourages healthy eating• Positive impact on reducing childhood obesity.• Increased knowledge and understanding of the impact of food, hydration on health and wellbeing.• Through a cross-curricular, practical approach to the curriculum using food and cycling the children are fully engaged in all aspects of learning.	2019- onwards	TBC- approx £6000.00
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APPROX TOTAL= £ 16, 000

*Transport and cover costs still to be added (see above)

