

YOUR MENU THIS WEEK

WEEK THREE

WEEK COMMENCING

29/01/2024 – 19/02/2024 – 11/03/2024 – 01/04/2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<p><u>MEAT FREE MONDAYS</u></p> <p>Macaroni Cheese</p>	<p>Beef Meatballs in Tomato and Paprika Sauce with Rice</p>	<p>Roast Chicken with Gravy</p>	<p>Chicken Sausage with Gravy</p>	<p>Fish Fingers with Chips</p>
MAIN MEAL TWO	<p>Vegetable Wrap</p>	<p>Vegan Meatballs In Tomato and Paprika Sauce with Rice</p>	<p>Cheese & Onion Flan</p>	<p>Vegan Sausage with Gravy</p>	<p>Vegetable Fingers with Chips</p>
SIDES	<p>Sweetcorn</p>	<p>Cauliflower</p>	<p>Broccoli</p>	<p>Potato Wedges</p> <p>Baked Beans</p> <p>Peas</p>	<p>Peas</p> <p>Baked Beans</p>
PUDDINGS	<p>Flapjack with Yoghurt</p>	<p>Apple Crumble with Custard</p>	<p>Carrot Cake</p>	<p>Rice Pudding with Pineapple or Jam</p>	<p>Ice Cream with Shortbread Biscuit</p>

Available daily

Jacket potatoes with Beans or Cheese, Homemade Bread, Selection of Salads and Fresh Fruits

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

